

Health and assimilation of Mexican migrants in the United States

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Abstract:

In recent decades the tendency of Mexican migration to the United States is to stay longer in the country, this will bring a number of implications, including adopting new styles of life that can affect their health. The adoption of these behaviors has been analyzed from several perspectives, including the perspective of socio-economic assimilation, which refers to the migrants take similar characteristics (in employment, education, income, etc.) of the population in the receiving society. In this case we will analyze the assimilation of Mexican migrants in the United States related to the presence of certain diseases. This is relevant because it has been noted that individuals with longer stays or a higher level of assimilation into the national culture of the United States could have worse health than others, because apparently the adoption of less-healthy habits affect people with longer stay.

Key words: Mexican migrants, assimilation, and health.

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